This map highlights cycle routes around east Colchester linking the University to key destinations such as University accommodation, the Town Centre, Hythe Station and Colchester Institute.

Also highlighted are routes along Salary Brook, the Wivenhoe Trail and to Castle Park, great routes to explore in your free time.
What is Cycle Colchester all about?

Cycle Colchester aims to encourage more people to cycle more often. Cycling is a free, fun way to get around, and great for keeping you fit. It also helps reduce congestion on our roads and improve air quality.

Cycle Colchester works with local cycling clubs, groups and organisations to help promote cycling. Whether you are a beginner, looking to cycle more or into the sporty/competitive side of cycling, we can point you in the right direction for advice, support and ideas for different ways to enjoy cycling.

Subscribe to our e-newsletter at www.cyclecolchester.org.uk for different ways to enjoy cycling.

Tips for cycling safely

Do...

› Give way to pedestrians on shared routes
› Cycle on the left hand side of the road, in the same direction as the traffic
› Use a good quality lock and lock your bike to a secure object when you leave it
› Be seen! When cycling in the dark use lights front and back and wear high visibility clothing
› Ring your bell twice to alert people you are approaching especially from behind

Don’t...

› Cycle on pavements unless you see a sign indicating it is a shared or segregated route for cyclists

Bikeability

Bikeability offers confidence building and an opportunity to increase your skills and understanding of how to cycle on today’s roads through short and practical sessions.

Available on three levels, sessions are suitable for all ages, whatever your experience.

• Basic bike handling skills
• Making short journeys on local roads
• Dealing with more complex journeys by bike

If you are interested contact cyclecolchester@gmail.com or 01206 506476

Here are some of the road signs you may see when you are out on your bike:

**Cycle route**

- Segregated route for cyclists and pedestrians
- Shared routes for cyclists and pedestrians
- Bus lane
- Cycles permitted
- Cycles permitted (motor vehicles prohibited)
- No cycling
- No entry for all vehicles (including cycles)

Please cycle safely and respect other road and path users when you’re travelling by bike.

As you cycle around Colchester you may see some road markings that indicate the presence of cyclists.

These markings on the road indicate where cyclists will be crossing a road to re-join an off road cycle route. However it is important to note that they DON’T give cyclists the right of way, but they do raise awareness of the presence of cyclists.

Bike parking and Security

Covered bike parking is available throughout the University campus. Use a good quality lock and always secure your bike

Get your bike security tagged for £2. If your bike is stolen and recovered it will be easier for the police to return it to you. Join the scheme via the Estate Management Help Desk.

Social

Essex Blades cycle club offers regular socials and rides for all interests. Join their facebook group Essex Blades Cycling Club 2017/18. Find out about pool bikes via the Student Union. For cycle activities outside the University visit cyclecolchester.org.uk

Hythe Station

Hythe is the closest station to the University with links to the town centre, London and the east coast. For information about taking your bike on the train visit greateranglia.co.uk

Elephant feet

These markings on the road indicate where cyclists will be crossing a road to re-join an off road cycle route. However it is important to note that they DON’T give cyclists the right of way, but they do raise awareness of the presence of cyclists.

Links between the Town Centre and East Colchester

The University encourages cycling to campus and provides support to cyclists in a number of ways...

The University of Essex

Putting cycling at the heart of life in our town

Links between the Town Centre and East Colchester

For more information about cycling in Colchester visit www.cyclecolchester.org.uk and www.colchester-cycling.org.uk

Correct as of September 2017

The University of Essex

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