What is Cycle Colchester all about?

Cycle Colchester aims to encourage more people to cycle more often. Cycling is a free, fun way to get around, and great for keeping you fit. It also helps reduce congestion on our roads and improve air quality.

Cycle Colchester works with local cycling clubs, groups and organisations to help promote cycling. Whether you are a beginner, looking to cycle more or into the sporty/competitive side of cycling, we can point you in the right direction for advice, support and ideas for different ways to enjoy cycling.

Subscribe to our newsletter at www.cyclecolchester.org.uk

Tips for cycling safely

Do...

› Give way to pedestrians on shared routes
› Cycle on the left hand side of the road, in the same direction as the traffic
› Use a good quality lock and lock your bike to a secure object when you leave it
› Be seen! When cycling in the dark use lights front and back and wear brightly coloured clothing
› Ring your bell twice to alert people you are approaching, especially from behind

Don’t...

› Cycle on pavements unless you see a sign indicating it is a shared or segregated route for cyclists

Here are some of the road signs you may see when you are out on your bike:

- Cycle route
- Segregated route for cyclists and pedestrians
- Shared routes for cyclists and pedestrians
- Bus lane (cycles permitted)
- Cycles permitted (motor vehicles prohibited)
- No cycling
- No entry for all vehicles (including cycles)
- National Cycle Network

Please cycle safely and respect other road and path users when you’re travelling by bike.

Links between the Town Centre and East Colchester

For more information about cycling in Colchester visit www.cyclecolchester.org.uk and www.colchester-cycling.org.uk

Correct as of September 2019